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The test has 55 questions (7 pages) ensure the test you have has all the pages. Record your answers on the scanner sheet using an HB pencil.

- 1. True or False? The first thing I <u>must</u> do if I am moving the swingstage from one location on the roof to another is disconnect the power supply.
 - A. True
 - B. False
- 2. True or False? The main difference between a single cable hoist and a double/multi cable hoist is that when using a double cable hoist an engineered secondary lifeline can be attached to the swingstage structure.
 - A. True
 - B. False
- 3. What are the required components of the safety system?
 - A. Anchor, life line, positioning belt
 - B. Anchor, life line, rope grab, and positioning belt
 - C. Engineered Anchor, life line, rope grab, lanyard and a full body harness
 - D. Large hook lanyard to hook on to the guardrail and a positioning belt
- 4. From the selection below: What material is un-acceptable for use as an outrigger beam?
 - A. Aluminum
 - B. Douglas Fir
 - C. Steel
 - D. All of the above are acceptable materials for an outrigger beam
- 5. What is the safety factor for wire rope (rigging) in Canada?
 - A. 3:1
 - B. 4:1
 - C. 6:1
 - D. 10:1
- 6. True or False? The vertical limit for a horizontal tieback line is 10 degrees from the horizontal line established by the outrigger beam.
 - A. True
 - B. False
- 7. What is the maximum height/distance you can go when using a Tirfor?
 - A. 50 ft (approximately 15 meters)
 - B. 100 ft (approximately 30 meters)
 - C. 250 ft (approximately 75 meters
 - D. There is no limit except the length of the wire rope
- 8. What type of harness must you use when working on a swingstage?
 - A. A positioning belt
 - B. A full body harness
 - C. A mountain climbing harness
 - D. Any or the above harnesses is acceptable

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Be sure to darken in the answers completely. EG \bullet

- 9. When performing work from a swingstage (suspended scaffold), how often must you check the emergency functions on the hoists?
 - A. Must be checked every 21 days
 - B. Must be checked once a month
 - C. Must be checked once a week
 - D. Must be checked on re-entry each time

10. What type of structure is required if using parapet clamps?

- A. Wood Frame parapet wall structures
- B. Masonry parapet wall structures
- C. Structurally sound concrete wall
- D. Steel stud and stucco parapet wall structures
- 11. When tying back the swingstage, what must you always tieback too?
 - A. Air unit or other mechanical equipment installed on the roof
 - B. Antennas or other communication equipment installed on the roof
 - C. Engineered tiebacks or a part of the building structure capable of withstanding a 5000 lb load in any direction
 - D. Stairwell railing
- 12. What is the wind speed at which it is <u>not</u> recommended by most manufacturers to work from a swingstage?
 - A. 10 mph (16 km/h)
 - B. 25 mph (40 km/h)
 - C. 40 mph (65 km/h)
 - D. 50 mph (80 km/h)
- 13. True or False? An employer shall develop work practices and procedures for the safe use and operation of any suspended powered scaffold.
 - A. True
 - B. False
- 14. Are you allowed to move the swingstage (laterally or horizontally) while workers are on the platform?
 - A. Yes
 - B. No
 - C. Only if your boss says it's OK
 - D. Only if the swingstage has been engineered to do so

15. What does the W stand for in the counter weight formula?

- A. Hoist capacity
- B. Outboard distance
- C. Length of tieback
- D. Weight (Ballast)

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- 16. What percentage of the load must a tieback rope support when used with transportable suspended scaffolds?
 - A. 40%
 - B. 50%
 - C. 80%
 - D. 100%
- What do you do if the wire rope is to short for the drop distance required for the building? 17. A. Add a wire rope sling to the top of the rigging
 - B. Do not rig the swingstage until the correct length of wire rope can be delivered
 - C. Add a wire rope sling to end of the wire rope
 - D. Add the tieback rope to the top of the rigging
- What is the maximum allowable length of a modular swingstage? 18.
 - A. 20 Feet (approximately 6 meters)
 - B. 40 Feet (approximately 12 meters)
 - C. 64 Feet (approximately 20 meters)
 - D. Must follow manufacturers instructions
- 19. True or False? The first action I should take if my hoist will not move up or down is to check the power supply.
 - A. True
 - B. False
- 20. What is the safety factor when calculating the amount of counter weight required for an outrigger beam?
 - A. 2:1
 - B. 2:3
 - C. 3:1
 - D. 4:1
- 21. How many 50lb counter weights are required when you have a 16 ft outrigger beam projecting 4ft and the hoist capacity is 1000 lbs.
 - A. 10

 - B. 18C. 22
 - D. 27
- What is the secondary brake on my hoist for? 22.
 - A. It is part of the safety system
 - B. It is part of supported system
 - C. It will stop the machine when in over speed
 - D. It is used to prevent the pins from coming out of the modular stage
- True or False? A worker must be tied-off while working on a swing stage and remain on the 23. platform between the suspension cables at all times.
 - A. True
 - B. False

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- 24. When must the wire rope cables be grounded and insulated using cable protection?
 - A. When window washing from the swingstage
 - B. When welding from the swingstage
 - C. When caulking operations are being performed from the swingstage
 - D. When operating the swingstage during a severe thunderstorm
- 25. True or False? Positive locking carabineers and fall protection hardware is mandatory.
 - A. True
 - B. False
- What do you do if you come across damaged equipment on-site? 26.
 - A. It can only be used for that shift then must be replaced
 - B. The equipment must be tagged out and/or locked out immediately
 - C. Make a note of it in your job log and continue working
 - D. No action is required
- 27. True or False? In Alberta, all scaffold including swingstage needs to be inspected and tagged at least every 21 days. As a best practice the swingstage should be inspected each time workers leave the stage and come back.
 - A. True
 - B. False
- True or False? A hoist can still be used if the emergency stop doesn't work. 28.
 - A. True
 - B. False
- True or False? When installing a swingstage in an explosive environment, an air hoist or 29. explosion proof electrical cables and connectors must be used.
 - A. True B. False
- 30. What is the primary purpose of a bumper roller?
 - A. Protect the face of the building
 - B. Allow easy movement of the swingstage on ground or landing platform
 - C. Allows the wire rope to be inserted into the hoist mechanism
 - D. Allows for the wire rope to be easily deployed and rolled up on the roof
- 31. How many people can safely attach to one safety line?
 - A. 1
 - B. 2
 - C. 3
 - D. As many as required to complete the work
- 32. Which of the following can design an anchor system?
 - A. Journeyman carpenter
 - B. Professional Engineer
 - C. The site superintendent
 - D. Occupational Health and Safety Officer

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- 33. How do I verify that the hoist certification is current?
 - A. Look at the hoist and make sure it is clean
 - B. Certification must be visible on the hoist
 - C. Hoists do not require certification
 - D. Call 1-800-HOIST
- 34. What action is necessary if there is lightning is in the area?
 - A. Put on rain gear and continue working
 - B. Work on the other side of the building
 - C. Stop work and wait at least one hour after the last strike was observed
 - D. Don't look directly at the lightning
- 35. True or False? Inspection of the swingstage is the responsibility of the operators/ users of the stage.
 - A. True
 - B. False
- 36. When operating a swingstage (suspended scaffold) workers must have emergency communications. What is the best way for workers on a swingstage to communicate?
 - A. Bull Horn
 - B. Whistle
 - C. Hand signals
 - D. Radio
- 37. What type of swingstage can be used in Alberta?
 - A. Commercially manufactured swingstages
 - B. Wood frame swingstages
 - C. Heavy steel beam reinforced swingstages
 - D. Any type of platform is acceptable
- 38. True or False? A softener must be used when a cable is passed over a roof edge, parapet wall, or around any object.
 - A. True
 - B. False
- 39. True or False? In Canada the maximum tieback angle for a single tie-back is 25 degrees. If the tieback angle exceeds 25 degrees two opposing tiebacks must be used.
 - A. True
 - B. False
- 40. What is the purpose of a pre "walk the job" procedure? (Pre-site inspection)
 - A. To allow the workers to be comfortable
 - B. To ensure pedestrians are clear of the area
 - C. To pick up the equipment after the job is completed
 - D. To determine the most suitable equipment for the job.

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- 41. Electric hoists used for swingstage operations must have a tag (label) indicating the date of the last inspection on the hoist. What is the maximum period of time allowed before the hoist must be inspected?
 - A. One week
 - B. One month
 - C. One year
 - D. Two years
- 42. What must be included in a roof plan for suspended scaffold?
 - A. Drop locations and rigging procedures
 - B. Anchor locations and limitations
 - C. The plan must be stamped by an engineer registered in Alberta
 - D. All of the above must be included in a roof plan for suspended scaffold
- 43. Which manufacturers of swingstage have components that are interchangeable with other manufacturers?
 - A. SkyClimber and Safeway
 - B. Tractel and Power Climber
 - C. Winsafe and Tractel
 - D. None of the manufacturers allow intermixing of components from different manufacturers.
- 44. True or False: Davit arms are considered temporary rigging as opposed to being part of the building structure.
 - A. True
 - B. False
- 45. True or False? A worker must be tied-off using approved fall protection equipment before entering the swing stage.
 - A. True
 - B. False
- 46. True or False? While working on a swingstage, I can un-hook from my life line if my boss says it's OK.
 - A. True
 - B. False
- 47. What should you do if the swingstage will go up but not down?
 - A. Check the over speed brake and reset
 - B. Take the brake apart
 - C. Force the brake open
 - D. There is nothing you can do
- 48. What must you do if you feel the work is unsafe?
 - A. Refuse work and get clarification from my supervisor
 - B. Continue working
 - C. Phone a family member for clarification
 - D. Call Federal OSHA in Washington D.C.

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- 49. What does a **RED TAG** on the swingstage mean?
 - A. Be very careful when operating the swingstage
 - B. Do not use the swingstage
 - C. The power is out
 - D. The site has been shut down for the day
- 50. True or False? In Alberta when working within 7 meters of a power line, the workers need to know the voltage in the power line in order to determine the MSAD (minimum safe approach distance).
 - A. True
 - B. False
- 51. When surveying the job site you notice that the building has a non-structural parapet wall. What support system should you use?
 - A. Parapet clamp with two tie-backs
 - B. Cornice hooks
 - C. An outrigger beam supported on the parapet wall
 - D. An outrigger beam supported by an "A" frame
- 52. True or False? A secondary brake is required when using a Tirfor on a personnel basket.
 - A. True
 - B. False
- 53. Where must the roof plan be located?
 - A. In the safety office
 - B. At the operations desk
 - C. At the corporate head office
 - D. On each of the roof access doors or hatches
- 54. What must I do before approaching the edge of the roof?
 - A. I must tie off
 - B. I should look over the edge to see what is below
 - C. I should approach the edge with caution
 - D. No special precautions are required
- 55. According to Alberta OHS requirements a control zone must be established at the edge of the building,. When <u>must</u> you be tied off when rigging the swingstage on the roof according to the Alberta regulations? (IE Dropping Cables)
 - A. 1 meter from the edge
 - B. 1.5 meters from the edge
 - C. 2 meters from the edge
 - D. 3 meters from the edge